

# **The Compassionate Friends** Supporting Family After a Child Dies

#### **OCTOBER - DECEMBER 2016 (FOURTH QUARTER)** VOLUME 3, ISSUE 2

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### HONOLULU CHAPTER

# Love Never Ends

"I think what we parents who have lost a child fear the most after we have been through the worse nightmare that any parent can ever be put through: the fear of our child being forgotten!! The already existing feeling of guilt and failure that I have over the death of my children is being fueled by the stress of them being forgotten, that the more time goes by, the less their names will be mentioned, their memory will fade into something that only I will remember !!

When Leah was in treatment I was the one keeping her FB page going, but she was the kind of kid that hated being in the spotlight, I had to run it by her before I posted on her page. It's just different when your child is actually not a child anymore. So due to the way she wanted me not to put her name out in public like that (she just wanted to be like her other friends, not known as the high school girl who has cancer) her name wasn't out there much, she wasn't active with any of the cancer foundations or organizations! Older teens/young adults are so much different when they are going through this hell, than younger kids and young teens!

When Leah relapsed I didn't post much about her and what was going on, mostly because I respected her dignity and self-esteem. I just knew she hated being in this body and not being herself. I could see it in her eyes!!

When Leah was in her last days, I opened my house for friends to come and say goodbye, but also for Leah to hear and feel how many people loved her and would miss her! After she passed away, there was this new storm I had to make my way through; planning for her service, having my house full with friends and family, so this was like a high. Yes, I cried and was in a state of shock. But it almost felt so good doing this for Leah. Seeing the love, she was getting from so many people!! Her being honored!! It made me numb to my pain, this high was making me almost forget what was really going on. Hundreds of people hugging me, talking about Leah, celebrating her!! Tears and smiles, memories being exchanged.

Messages on my FB for days!

Then it was all over ...

I'm in my second year of my children being gone. And I feel like I'm facing another part of this nightmare. The ordeal now is, to make sure my children are not forgotten! And I see this with other moms, dads who have been going through this longer than I! You want to find something that will be there forever in her/his name, or memory, something that shows the world your child existed! Our kids have fought something so horrific and were robbed of their lives! A life that was just beginning! And we couldn't save them, we couldn't make it better! They are victims, taken by the monster!! And once the children are gone, the messages

### **MONTHLY MEETING**

Meeting Place: Pagoda Tower Penthouse

Address: 1525 Rycroft St

City: Honolulu, Hawaii 96814

Meeting time: First Saturday of every month 10:00 - 11:30 AM

Parking: Validated Parking Garage at Ross's on Kanunu St

#### **UPCOMING EVENTS**

• Honolulu Chapter Candle Lighting December 11, 2016 at La Pietra School For Girls. Ceremony begins at 6:30 pm. Candle Lighting begins at 7:00 pm

#### **REGIONAL COORDINATOR**

Regional Coordinator: David Kaniaupio Phone Number: (808)222-6556 Email: kaniaupiotcf@gmail.com

### **NATIONAL OFFICE**

The Compassionate Friends PO Box 3696 Oak Brook, IL 60522-3696 (877) 969-0010 nationaloffice@compassionatefriends.org www.compassionatefriends.org



stop, your child is not a part of the conversations of others anymore, the phone calls stop, the posts about your child on FB are getting less and less till they are disappearing, that's when the stress and fear starts: but what about my child?? She has been through this, she suffered, she was there once! She deserves to be remembered.

I'm very grateful that I have my special little things that make me and others think of my kids when they appear: rainbows, butterflies, dragonflies and hummingbirds, but mostly the little mermaid and everything about mermaids.

But I also know how much it hurts to fight this fight of keeping your child's memory alive!

Life goes on I know, but my life will never be the same, and I'm constantly looking for something very meaningful to honor my children, that's why I'm reaching out to special people who are doing these incredible things, sharing their story and life. And each one of them has included them in their mission of bringing awareness to this childhood cancer world! Kids can't fight this alone! And we grieving parents can't do this alone either, keeping our children's memory alive!

So my deepest, heartfelt thank you to everyone who is helping me and also my bereaved parent's friends to find ways of honoring our children and their memories, their lives! It is so very very important for us and not just on anniversaries!

Memories are so precious, but even more, if this is all you have left of your child ...."

"Love Never Ends"

Mahalo with Love!!! Alan Goldberg, Leah's and Mark's Dad - TCF Honolulu "I've learned - that no matter how badly your heart is broken, the World doesn't stop for your grief."

IllusionFactory.com

Daughter

In Loving Memory

of My Beautiful

Missing you isn't the problem it's knowing that you're never coming back that's killing me.

fb/grievingmothers



### ANNOUNCEMENTS

The Compassionate Friends Honolulu Chapter candle lighting is Sunday, December 11, 2016. It is held at <u>La Pietra School</u> For Girls in Waikiki, 2933 Poni Moi Rd. Ceremony begins at 6:30 pm. Candle lighting begins at 7:00 pm. Honolulu Marathon may still be in progress avoid Kalakaua Ave. Use Paki Ave. Bring a photo of your child, grandchild or sibling.

We would like to include your child's photo in our candle lighting slide show. If you haven't previously provided us with a photo, and you would like to have him/her included, please send us a photo.

The Compassionate Friends Honolulu website has been changed to: <u>http://compassionatefriendshawaii.org/</u> from http://compassionatefriendshonolulu.org/

### **OPEN TO HOPE**

Open to Hope Foundation® is a non-profit foundation with the mission of helping people find hope after loss. We invite you to read, listen and share your stories of hope and compassion.

The Open to Hope Mission: Helping people find hope after loss.

**Our Vision:** 

To provide an online forum to support people who have experienced loss: to help them cope with their pain, heal their grief and invest in their future.

### Website Definition:

<u>Open to hope.com</u> is an online website where people can share inspirational stories of loss and love. We encourage our visitors to read, listen and share their stories of hope and compassion.



### LOVING LISTENERS: David Kaniaupio (808)222-6556 Terry Kaniaupio (808)222-2729



Just because her eyes don't tear, *doesn't mean her heart doesn't cry*. Just because she comes off strong, *doesn't mean there's nothing wrong*. *autoruhan* 

The Honolulu Chapter of The Compassionate Friends operates solely on donations. Monetary gifts in any amount are deeply appreciated.

"The essence of compassion is the desire to alleviate the suffering of others and to promote their wellbeing."

Dalai Lama

## **OUR CHILDREN REMEMBERED**

Forever Loved, Missed, Remembered October

### Our Children Born in October

Ileiana Bintliff, Oct 1994 - Oct 2013 Jeffery Kanaiaupuni Carvalho, Oct 1980 - Feb 2004 Shawn C. Carvalho, Oct 1979 - Mar 1996 Tom Christie, Oct 1976 - Nov 2009 Robert S. M. Chun, Oct 1960 - Sep 2005 Frank Joseph-James Cleboski, Oct 1989 - Jun 2015 Elia Puahone Heder, Oct 1982 - May 1991 Maile Christina King, Oct 1989 - May 1998 Ikaika Kale Kelepine Lopes, Oct 1987 - Aug 2013 Ryan Joseph Martin, Oct 1980 - Feb 2014 Jessica May Oct 1977 - Oct 2013 Michael McNeil, Oct 1956 - Aug 1981 TeeJav Meier, Oct 1977 - Mar 1999 Kyla Mariko Meaney, Oct 2010 - May 2015 Wiley Muir, Oct 2013 - Feb 2014 Rudy Chung Murakami, Oct 1981 - Sep 2012 Jon Keith Nobles, Oct 1973 - Mar 1998 Manuel Reza, Oct 1980 - May 1996 Kaipo Vierra, Oct 1982 - Jul 2009

#### Our Children Who Left Us in October

Jasonims Amora, May 1981 - Oct 2013 Brandon Aurand Stephens, May 1989 - Oct 2010 Ileiana Bintliff, Oct 1994 - Oct 2013 Jeremy Patrick Dias, Sep 1971 - Oct 1987 Jesse Garcia, Sep 1981 - Oct 2005 Jennifer Jacobi, Feb 1972 - Oct 2005 Hinaaiinameleonalani Keahiwelomakalehuaikauaokapo Johnson-Ahia, Mar 2012 - Oct 2014 Ryan Kono, - Oct 2003 Jessica May, Oct 1977 - Oct 2013 Lisa Marie Ortiz, Jun 1978 - Oct 1998 Lindsey Shinsato, Jul 1991 - Oct 1993 Christopher Scott Staackmann, Sep 1960 - Oct 2010 Benjamin U. F. Stevens, Mar 1985 - Oct 2009 Diane Marie Taylor, May 1973 - Oct 1996 Leif Timothy Umphrey May 2008 - Oct 2008 Al Zaharis, Feb 1964 - Oct 1991





Ileiana Bintliff



Brandon Aurand Stephens

Ikaika Kale Kelepine Lopes



Jessica May



Ryan Joseph Martin



TeeJay Meier



Manuel Reza



Ryan Kono



Hinaaiinameleonalani Keahiwelomakalehuaikauaokapo Johnson-Ahia



Diane Marie Taylor



Jennifer Jacobi



Rudy Chung Murakami



Frank Joseph-James Cleboski

I look up to the sky and talk to you.
What I wouldn't give to hear you talk back.
I miss your voice, I miss your laughter, I miss Everything About You.

### **OUR CHILDREN REMEMBERED**

Forever Loved, Missed, Remembered November

#### Our Children Born in November

Dave Adams, Nov 1982 - Aug 1998 Angela Lace Apostadiro, Nov 1992 - Feb 2010 John Charles Bomke III, Nov 1982 - Aug 2006 Lea Bussell, Nov 1992 - Jan 2014 Kristin Akemi Claudi, Nov 1980 - May 2009 Jayden Joseph Kawika Dade-Tavares, Nov 2001 -Nov 2003 Evan Robert Kai Gleason, Nov 1992 - May 2009 Aukahimaina'ale Leafchild, Nov 2005 - Dec 2006 Jesse Leung, Nov 2013 - Nov 2013 Kristofer Nedorolik, Nov 1997 - Jul 2015

Ramona Shapiro, Nov 1985 - Feb 2008

"Not all scars SHOW, Not all wounds HEAL, Sometimes you CAN'T See, THE PAIN SOMEONE FEELS." Lisa French

#### Our Children Who Left Us in November

Walter J. Agno, Feb 1987 - Nov 2007 Craig "Kamaki" Anderson, Dec 1974 - Nov 1997 Kellee Jones Briggs, Jan 1978 - Nov 2013 Waika Wiia Carvalho, Aug 1986 - Nov 2009 Tom Christie, Oct 1976 - Nov 2009 Sara Ann Cosson, Sep 1968 - Nov 2012 Jayden Joseph Kawika Dade-Tavares, Nov 2001 - Nov 2003 Alaina Marie Jenkins, Aug 1967 - Nov 1992 Devin Johnson, May 1986 - Nov 2009 Betteanne Momilani Aldrich Pang Kaaa, Jul 1964 -Nov 1992 Darryl Kahoeikaika Kaniaupio, Aug 1981 - Nov 1999 Jesse Leung, Nov 2013 - Nov 2013 Michael Joseph Maneha, May 1986 – Nov 2008 Peter Nelson, Jan 1964 - Nov 2013 George Arthur Pellegrin, Dec 1972 - Nov 1991 Kaleo Pierce, - Nov 2013 Benjamin Madigan Snavely, Feb 1982 - Nov 2015 Jaime Wong, Sep 1965 – Nov 1998 Simon Chung Yuen Wong, May 1974 - Nov 2009



John Charles Bomke III



Evan Robert Kai Gleason



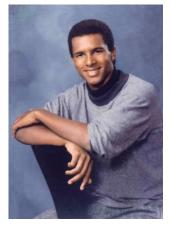
Alaina Marie Jenkins



Benjamin Madigan Snavely



Darryl Kahoeikaika Kaniaupio



George Arthur Pellegrin



Kristofer Nedorolik



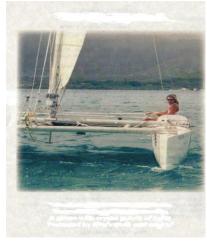
Ramona Shapiro



Kellee Jones Briggs



Sara Cosson



Kaleo Pierce

A million times I needed you,

A million times

Foried.

If love alone

could have saved you,

You never would have died . . .



The Compassionate Friends Supporting Family After a Child Dies

~ Author unknown

### **OUR CHILDREN REMEMBERED**

Forever Loved, Missed, Remembered December

#### Our Children Born in December

Craig "Kamaki" Anderson, Dec 1974 - Nov 1997 Marcia Chu, Dec 1980 - May 2009 Jack Cone, Dec 1984 - Jun 2006 Gregory Gareth Gaines, Dec 1984 - Jan 2002 Scott Hoover, Dec 1967 - Apr 2006 Dalzell Johns Potter, Dec 1961 - Apr 2005 Shaun Mahtani, Dec 1966 - Apr 1999 Michael Anthony Moriarty, Dec 1992 - Feb 2010 Heather Haunani Akiko Nahina, Dec 1977 - Jan 1992 Mariah Amanda Noguchi Lim, Dec 1992 - Dec 2014 George Arthur Pellegrin, Dec 1972 - Nov 1991 Maya Eve Tacadena Perdido, Dec 2002 - Apr 2004 Julie Anne McHale Reti, Dec 1965 - May 1995 Scott Rush, Dec 1963 - Sep 1980 Gabriella Ann Marie Stefan, Dec 2002 - Dec 2004 Brandi Ann Malia, Dec 1984 - Jul 2004 Matthew Jee Yul Williams, Dec 1978 - Jun 1998

### Our Children Who Left Us in December

Jaime Akamie Coelho, Jun 1991 - Dec 2004 Mark Patrick Goldberg, Sep 1984 - Dec 2013 Donovan Keliiaa, Mar 1981 - Dec 2015 Aukahimaina'ale Leafchild, Nov 2005 - Dec 2006 Gerald "Jerry" Alan Massie, Jan 1966 - Dec 2015 Enzo Atsuo Matsumoto, Apr 2007 - Dec 2010 Noe Michele Melvin, Jul 1976 - Dec 1996 Keene Kainoa Nagaishi, Jul 1997 - Dec 2015 Mariah Amanda Noguchi Lim, Dec 1992 - Dec 2014 Mitch Poissonnet, Jan 1963 - Dec 2014 Nina Ricci, Mar 1981 - Dec 2010 Adrenia Olena Cadiz Robinson, Jan 2012 - Dec 2013 Gabriella Ann Marie Stefan, Dec 2002 - Dec 2004



Scott Hoover



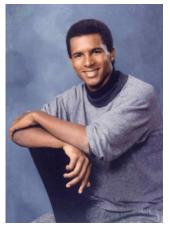
Heather Haunani Akiko Nahina



Mark Patrick Goldberg



Mariah Amanda Noguchi-Lim



George Arthur Pellegrin



Keene Kainoa Nagaishi



Donovan Keliiaa



Adrenia Olena Cadiz Robinson



Mitch Poissonnet



Gerald "Jerry" Alan Massie



Matthew Jee Yul Williams



Jennifer Jacobi

# Voices of Parents, Grandparents, and Siblings

Jenn is the oldest daughter (& stepdaughter) of Jeanne & Tom Morse. She passed away at 33 years, a direct result of an eating disorder that she suffered all her adult life. It has been 10 years this past October that our life forever changed. As all bereaved parents experience, we didn't think we would make it 1 month, 1 year, never mind 10 years. It is not a journey that we would have chosen but we are forever grateful to The Compassionate Friends bringing us together with other parents that know the pain we feel and we know the pain they feel and we never have to walk alone. Jeanne Morse



Darryl Kahoeikaika Kaniaupio

Darryl, time has not eased the pain of losing you. We miss the joy and love you brought into our lives. We think of you daily. Love Dad, Mom and David.



Ryan Joseph Martin

Ryan - Parents are supposed to teach their children about life. But I think you taught me more than I taught you, son. Grace through adversity. This is you, Ryan: Gentle. Kind. Loving. Loved. Always missed......mom





To ask a mother who has recently lost a child, *What is the one minute of your life you regret the most*? May bring up surprising answers. Her first reflections may be painful, for her daily thoughts are already plagued by a litany of "what ifs" and "if only's": *What if I had stopped the fever sooner*? *What if we had caught a cab instead of the bus to the pediatrician's office? What if we had gone straight to the hospital? If only the EMT had noticed her tremor and seizure? How could I, her mother, not know she was THAT sick?* 

What I wouldn't give for my younger self's simple regrets: giving up piano lessons to play soccer with friends; staying out late partying; buying too much music and camera equipment on credit. Regret requires amends, but how do you make amends with the dead?

It's an ultimate test of self-love and compassion to review the minutes leading up to her death. But it's also the lesson my little one taught me: "unconditional love". So the moment I most regret occurred a day or two before that ambulance ride. She sat on my lap, bouncing on my legs as toddlers love to do. Turning to face me, she threw her arms around my neck, leaning with her head tipped to the side with her curls falling over one eye. She gleefully grabbed my cheeks in her little hands and rubbed her nose against mine, giggling with pleasure. She leaned in closer to kiss me on my lips and make her biggest, funniest SMOOCH noise. She tried to bite my nose, as she sometimes did instead of a kiss. I gently moved her smiling face back, avoiding the teeth. *If only I had let her linger just a minute more.* 

Mahealani Ahia, Hina's Mom TCF Honolulu

"Whenever the pain feels too much, I try to remember how much LESS BEAUTIFUL my life would be without knowing our kind of love." A Bed for My Heart



Daniel Jezek

September 24 marked six years since my son, Dan passed away.

Please take a moment to remember Dan.

Visit.danjezek.com... (tribute to man and his dream) ... and share your own thoughts and story.

Dan's life was cut short but positively influenced lives of millions.

What started as a hobby, became the largest Lego marketplace with almost billion users, bringing joy, happiness and business to people around the globe.

We were blessed to have him in our lives.

Eliska (Dan's Mom) TCF Honolulu

# Loving Donors and Thank You's

A big Mahalo to Bonnie Madigan, Tami Cox, Karen Cho and Jodi Beaty for organizing and coordinating the suicide survivors support group held at Bonnie's home in memory of their children: Benjamin Madigan Snavely, Danielle Reiko Cox-Kaluhiwa, Quintin Cho and Amanda Beaty. Mahalo also for those who attended.

There is no exercise better for the heart than Reaching down and lifting people up John Holmes



Thank you to the 2016 Visitor Industry Charity Walk for selecting The Compassionate Friends - Honolulu Chapter as a charity that makes a difference in our community, and for allocating funds to our chapter so we can continue to support bereaved parents, grandparents, and siblings.



# **The Compassionate Friends Credo**

We need not walk alone. We are The Compassionate Friends. We reach out to each other with love, with understanding, and with hope. The children we mourn have died at all ages and from many different causes, but our love for them unites us. Your pain becomes my pain, just as your hope becomes my hope.

We come together from all walks of life, from many different circumstances. We are a unique family because we represent many races, creeds, and relationships. We are young, and we are old. Some of us are far along in our grief, but others still feel a grief so fresh and so intensely painful that they feel helpless and see no hope.

Some of us have found our faith to be a source of strength, while some of us are struggling to find answers. Some of us are angry, filled with guilt or in deep depression, while others radiate an inner peace. But whatever pain we bring to this gathering of The Compassionate Friends, it is pain we will share, just as we share with each other our love for the children who have died.

We are all seeking and struggling to build a future for ourselves, but we are committed to building a future together. We reach out to each other in love to share the pain as well as the joy, share the anger as well as the peace, share the faith as well as the doubts, and help each other to grieve as well as to grow.

We need not walk alone. We are The Compassionate Friends. ©2007

### The Mission of The Compassionate Friends

When a child dies, at any age, the family suffers intense pain and may feel hopeless and isolated. The Compassionate Friends provides highly personal comfort, hope, and support to every family experiencing the death of a son or a daughter, a brother or a sister, or a grandchild, and helps others better assist the grieving family.

### The TCF Mission Statement

The Mission of The Compassionate Friends is to assist families toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive.

### \*\*\*Please Consider Helping\*\*\*

I have found through my own experiences that helping others through their grief journey has strengthened my own journey. The memories of my son are positively reinforced as other bereaved parents share their stories and memories. We Need Not Walk Alone. That simple phrase resonates throughout my journey. There are other aspects to The Compassionate Friends that need help. If you have a talent – web design, writing, creativity, organizing, and greeters and would like to help others – please let us know.

