



The Compassionate Friends

Supporting Family After a Child Dies

VOLUME 7, ISSUE 4 OCTOBER - DECEMBER 2017 (FOURTH QUARTER)

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Kaniaupio

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HONOLULU CHAPTER

COURAGE

My brother died three years ago when he was seventeen years old. It was an accident when he fell while hiking in the mountains. I was fifteen and my brother was my hero. I would do anything to make him proud. When I lost him, I could have just given up. I have the courage to love people even though I know that I could lose them. I had many opportunities to just forget everyone else and lose myself. My brother was my best friend and when he died I could have too.

I decided that he would not have wanted me to throw my life away. I try my hardest to work hard in school and live up to what his expectations would have been. I am not living just for him. I am living for myself. A lot of people like to escape their problems by drinking or doing drugs. Alcohol and drugs only make problems worse because escaping a problem is not solving the problem. Self-respect means knowing who you are and treating yourself with dignity. I want people to look at me and to respect me. Staying in school and working to my potential is essential for respect. People cannot respect those who do not respect themselves. As Shakespeare said, "This above all else, to thine own self be true."

I do not make choices based on what the popular decision is. I base my thoughts and ideas on what I believe is right and important. I know that my brother would have been proud of me, because I made it through the most difficult time in my life, without him. I kept living when I lost the most important person in the world to me.

Courage is to keep fighting even though it looks like you are going to lose. When he died, I felt the world crash down on me. Everything I ever hoped for just seemed empty. Even now sometimes it will just hit me that my brother is gone. I have to keep on living and facing the world because that is what life is all about. Sometimes things happen that seem impossible to face. If I do not face my problems, who will?

Life is not supposed to be easy but it is not devastating either. There are so many wonderful things that happen and I have to have the courage to realize it. Life is not just a long line of problems. It is also a long line of answers. I need courage and self-respect to find these answers. I have to trust myself and my future that everything will work out. It always does.

The answers to life's problems can only be found through hard work and belief in yourself. My belief in myself comes from a big brother who always had faith in me.

Patricia Kelley
TCF Richmond, VA
In Memory of my brother, Sean

MONTHLY MEETING

Meeting Place: *Pagoda Tower Penthouse*

Address: *1525 Rycroft St*

City: *Honolulu, Hawaii 96814*

Meeting time: *First Saturday of every month 10:00 – 11:30 AM*

Parking: *Validated Parking Garage at Ross's on Kanunu St*

UPCOMING EVENTS

• *Honolulu Chapter Candle Lighting
December 10, 2017 at La Pietra
School For Girls. Ceremony begins at
6:30 pm. Candle Lighting begins at
7:00 pm*

REGIONAL COORDINATOR

Regional Coordinator: *David Kaniaupio*

Phone Number: *(808)222-6556*

Email: *kaniaupiotcf@gmail.com*

NATIONAL OFFICE

The Compassionate Friends

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nationaloffice@compassionatefriends.org

Website: *www.compassionatefriends.org*



ANNOUNCEMENTS

The National Compassionate Friends conference in Orlando, Florida, was great. Photos are posted on the Honolulu Compassionate Friends website: under "Photo Gallery".



Did you know that THE COMPASSIONATE FRIENDS is a registered agency with the Aloha United Way (AUW)? The AUW Giving Campaign is currently underway. If your employer participates in the annual AUW pledge drive, please consider THE COMPASSIONATE FRIENDS, agency #72860, when you complete your pledge this year - Mahalo!

The Compassionate Friends Honolulu Chapter candle lighting is Sunday, December 10, 2017. It is held at [La Pietra School](#) For Girls in Waikiki, 2933 Poni Moi Rd. Ceremony begins at 6:30 pm. Candle lighting begins at 7:00 pm. Honolulu Marathon may still be in progress, avoid Kalakaua Ave. Use Paki Ave. Bring a photo of your child, grandchild or sibling to share on the display table.

Recruiting volunteers to help with our candle lighting ceremony. Please see Terry, David, or Jeanne. Mahalo.

We would like to include your child's photo in our candle lighting slide show. If you haven't previously provided us with a photo, and you would like to have him/her included, please send us a photo.

A²Z HEALING TOOLBOX

PURPOSE and DEDICATION

In the few years since my husband's death, I have been welcomed into a remarkable community of inspiring friends, peers and mentors all of whom have been tackling the hard work of living while experiencing profound grief and trauma. Collectively we grieve our spouses, children, parents, extended family members, best friends, lives and former selves. We have experienced trauma by accident, long term illness, stillbirth, suicide, addiction, murder, abuse, assault, war, terrorist attack, serious medical condition and occupational duty.

But this website is not so much about HOW we all got here...

It's more about what to do now that we ARE here...

The website is: <http://www.a2zhealingtoolbox.com/>

"We LOVED at a level we never thought possible, when they died, we HURT at a level we never thought possible."

Alan Pederson



LOVING LISTENERS:

DAVID KANIAUIPIO (808)222-6556

TERRY KANIAUIPIO (808)222-2729



"I loved you like there was no tomorrow... and then one day,
THERE WASN'T"

Author Unknown

The Honolulu Chapter of The Compassionate Friends operates solely on donations: monetary gifts in any amount are deeply appreciated. Donations can be made to: The Compassionate Friends, c/o J. Martin, 1676 Ala Moana Blvd #502, Honolulu, HI 96815. Mahalo!

OUR CHILDREN REMEMBERED

FOREVER LOVED, MISSED, REMEMBERED

OCTOBER

Our Children Born in October

Michael Edward Anderson, Oct 1983 - Oct 2004
Ileiana Bintliff, Oct 1994 - Oct 2013
Jeffery Kanaiaupuni Carvalho, Oct 1980 - Feb 2004
Shawn C. Carvalho, Oct 1979 - Mar 1996
Tom Christie, Oct 1976 - Nov 2009
Robert S. M. Chun, Oct 1960 - Sep 2005
Frank Joseph-James Cleboski, Oct 1989 - Jun 2015
Elia Puahone Heder, Oct 1982 - May 1991
Shaun Makena Kailikea, Oct 1982 - May 2017
Maile Christina King, Oct 1989 - May 1998
Ikaika Kale Kelepine Lopes, Oct 1987 - Aug 2013
Ryan Joseph Martin, Oct 1980 - Feb 2014
Jessica May Oct 1977 - Oct 2013
Michael McNeil, Oct 1956 - Aug 1981
TeeJay Meier, Oct 1977 - Mar 1999
Kyla Mariko Meaney, Oct 2010 - May 2015
Wiley Muir, Oct 2013 - Feb 2014
Rudy Chung Murakami, Oct 1981 - Sep 2012
Jon Keith Nobles, Oct 1973 - Mar 1998
Manuel Reza, Oct 1980 - May 1996
Kaipo Vierra, Oct 1982 - Jul 2009

Our Children Who Left Us in October

Jasonims Amora, May 1981 - Oct 2013
Michael Edward Anderson, Oct 1983 - Oct 2004
Brandon Aurand Stephens, May 1989 - Oct 2010
Ileiana Bintliff, Oct 1994 - Oct 2013
Ian Tyler Coronas, Aug 1993 - Oct 2016
Jeremy Patrick Dias, Sep 1971 - Oct 1987
Jesse Garcia, Sep 1981 - Oct 2005
Carter Horlback, Jan 2012 - Oct 2016
Jennifer Jacobi, Feb 1972 - Oct 2005
Hinaaiinameleonalani Keahiwelomakalehuaikauaokapo Johnson-Ahia, Mar 2012 - Oct 2014
Helen Sayako Kaneshiro, Aug 2000 - Oct 2000
Ryan Kono, - Oct 2003
Jessica May, Oct 1977 - Oct 2013
Lisa Marie Ortiz, Jun 1978 - Oct 1998
Josiah Ramos, Aug 1997 - Oct 2016
Lindsey Shinsato, Jul 1991 - Oct 1993
Christopher Scott Staackmann, Sep 1960 - Oct 2010
Benjamin U. F. Stevens, Mar 1985 - Oct 2009
Diane Marie Taylor, May 1973 - Oct 1996
Leif Timothy Umphrey May 2008 - Oct 2008
Al Zaharis, Feb 1964 - Oct 1991



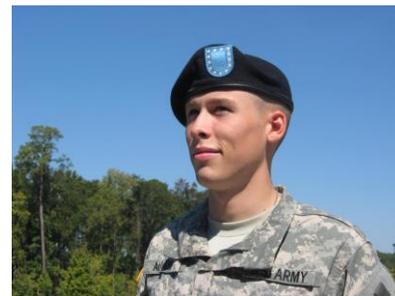
Jennifer Jacobi



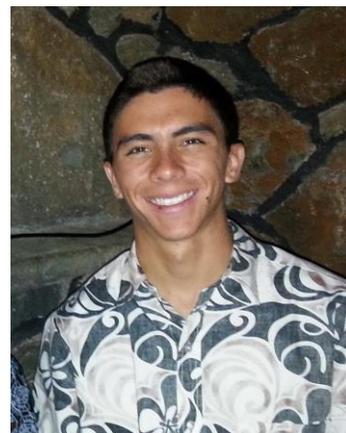
Ileiana Bintliff



Jessica May



Brandon Aurand Stephens



Ian Tyler Coronas



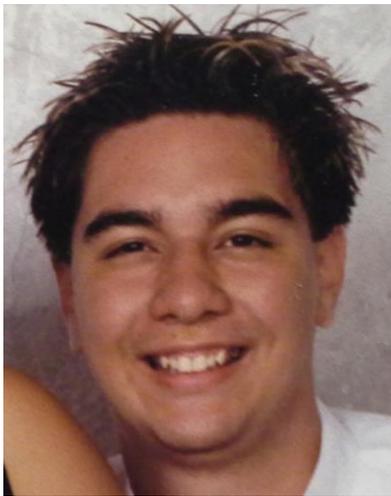
Manuel Reza



Josiah Ramos



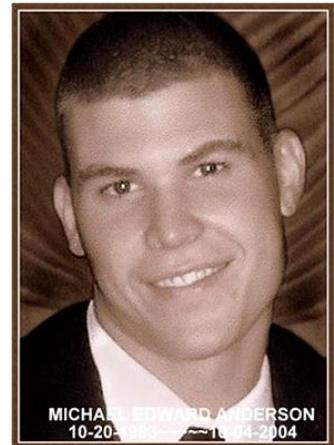
Rudy Chung Murakami



Ryan Kono



Ryan Joseph Martin



Michael Edward Anderson



Ikaika Kale Kelepine Lopes



Hinaaiinameleonalani
Keahiwelomakalehuaikauaokapo
Johnson-Ahia



Helen Sayako Kaneshiro



Frank Joseph-James Cleboski



TeeJay Meier



Diane Marie Taylor

*On some days I find
it almost impossible
to get out of bed and
face the world
pretending that I am
much better than
yesterday.*

Narin Grewal



www.touchinsouls.com

OUR CHILDREN REMEMBERED

FOREVER LOVED, MISSED, REMEMBERED

NOVEMBER

Our Children Born in November

Dave Adams, Nov 1982 - Aug 1998
Angela Lace Apostadiro, Nov 1992 - Feb 2010
John Charles Bomke III, Nov 1982 - Aug 2006
Lea Bussell, Nov 1992 - Jan 2014
Kristin Akemi Claudi, Nov 1980 - May 2009
Jayden Joseph Kawika Dade-Tavares, Nov 2001 - Nov 2003
Evan Robert Kai Gleason, Nov 1992 - May 2009
Aukahimaina'ale Leafchild, Nov 2005 - Dec 2006
Jesse Leung, Nov 2013 - Nov 2013
Kristofer Nedorolik, Nov 1997 - Jul 2015
Ramona Shapiro, Nov 1985 - Feb 2008
Princess Zuna Ilacad Yadao, Nov 2014 - Sep 2016

Our Children Who Left Us in November

Walter J. Agno, Feb 1987 - Nov 2007
Craig "Kamaki" Anderson, Dec 1974 - Nov 1997
Kellee Jones Briggs, Jan 1978 - Nov 2013
Waika Wiia Carvalho, Aug 1986 - Nov 2009
Tom Christie, Oct 1976 - Nov 2009
Sara Ann Cosson, Sep 1968 - Nov 2012
Jayden Joseph Kawika Dade-Tavares, Nov 2001 - Nov 2003
Jacob Hensley, Apr 1993 - Nov 2015
Alaina Marie Jenkins, Aug 1967 - Nov 1992
Devin Johnson, May 1986 - Nov 2009
Betteanne Momilani Aldrich Pang Kaaa, Jul 1964 - Nov 1992
Darryl Kahoeikaika Kaniaupio, Aug 1981 - Nov 1999
Jesse Leung, Nov 2013 - Nov 2013
Michael Joseph Maneha, May 1986 - Nov 2008
Peter Nelson, Jan 1964 - Nov 2013
Anders Pederson, Jan 1987 - Nov 2015
George Arthur Pellegrin, Dec 1972 - Nov 1991
Kaleo Pierce, - Nov 2013
Benjamin Madigan Snavelly, Feb 1982 - Nov 2015
Hope or Matthew Virtudazo, - Nov 2016
Jaime Wong, Sep 1965 - Nov 1998
Simon Chung Yuen Wong, May 1974 - Nov 2009

“You will never truly understand something until it actually happens to you”

Author Unknown



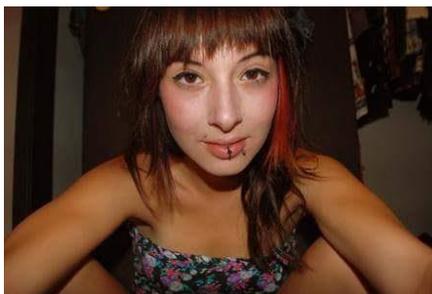
John Charles Bomke III



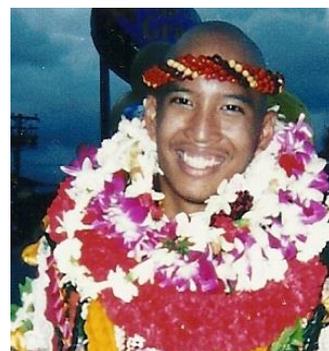
Benjamin Madigan Snavelly



Evan Robert Kai Gleason



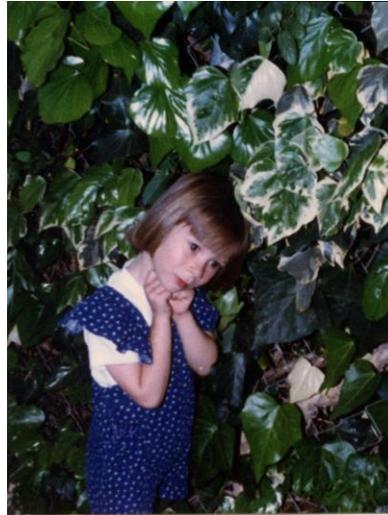
Lea Bussell



Darryl Kahoeikaika Kaniaupio



Kristofer Nedorolik



Ramona Shapiro



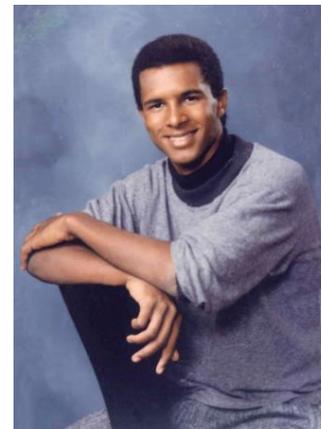
Kellee Jones Briggs



Sara Cosson



Alaina Marie Jenkins



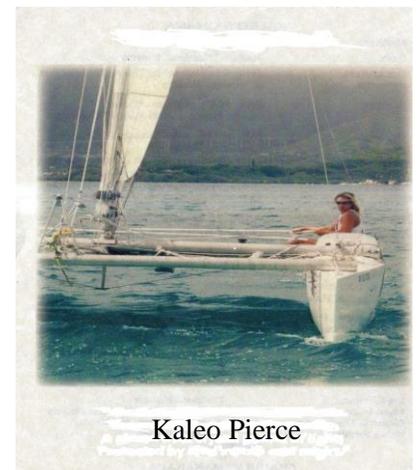
George Arthur Pellegrin



Princess Zuna Ilacad Yadao



Anders Pederson



Kaleo Pierce

OUR CHILDREN REMEMBERED

FOREVER LOVED, MISSED, REMEMBERED

DECEMBER

Our Children Born in December

Craig “Kamaki” Anderson, Dec 1974 - Nov 1997
Marcia Chu, Dec 1980 - May 2009
Jack Cone, Dec 1984 - Jun 2006
Gregory Gareth Gaines, Dec 1984 - Jan 2002
Scott Hoover, Dec 1967 - Apr 2006
Dalzell Johns Potter, Dec 1961 - Apr 2005
Shaun Mahtani, Dec 1966 - Apr 1999
Charles “Keoki” Malott, Dec 1971 - Jul 2011
Zane Feliciano Mediano, Dec 2007 - Dec 2007
Michael Anthony Moriarty, Dec 1992 - Feb 2010
Heather Haunani Akiko Nahina, Dec 1977 - Jan 1992
Mariah Amanda Noguchi Lim, Dec 1992 - Dec 2014
George Arthur Pellegrin, Dec 1972 - Nov 1991
Maya Eve Tacadena Perdido, Dec 2002 - Apr 2004
Julie Anne McHale Reti, Dec 1965 - May 1995
Scott Rush, Dec 1963 - Sep 1980
Gabriella Ann Marie Stefan, Dec 2002 - Dec 2004
Brandi Ann Malia, Dec 1984 - Jul 2004
Matthew Jee Yul Williams, Dec 1978 - Jun 1998

Our Children Who Left Us in December

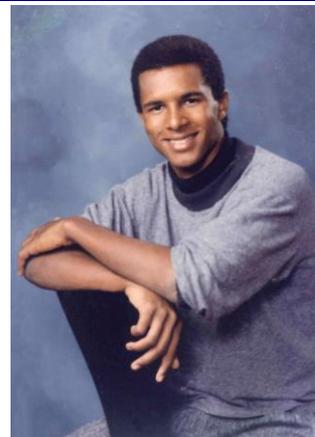
Jaime Akamie Coelho, Jun 1991 - Dec 2004
Mark Patrick Goldberg, Sep 1984 - Dec 2013
Donovan Keliiaa, Mar 1981 - Dec 2015
Aukahimaina'ale Leafchild, Nov 2005 - Dec 2006
Gerald “Jerry” Alan Massie, Jan 1966 - Dec 2015
Enzo Atsuo Matsumoto, Apr 2007 - Dec 2010
Zane Feliciano Mediano, Dec 2007 - Dec 2007
Noe Michele Melvin, Jul 1976 - Dec 1996
Keene Kainoa Nagaishi, Jul 1997 - Dec 2015
Mariah Amanda Noguchi Lim, Dec 1992 - Dec 2014
Mitch Poissonnet, Jan 1963 - Dec 2014
Nina Ricci, Mar 1981 - Dec 2010
Adrenia Olena Cadiz Robinson, Jan 2012 - Dec 2013
Nicole Siegrist, Apr 1987 - Dec 2016
Gabriella Ann Marie Stefan, Dec 2002 - Dec 2004
Kirk Wehrenberg, Apr 1974 - Dec 2013



Scott Hoover



Mark Patrick Goldberg



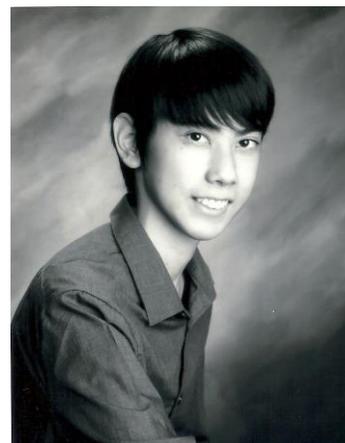
George Arthur Pellegrin



Heather Haunani Akiko Nahina



Mariah Amanda Noguchi-Lim



Keene Kainoa Nagaishi



Donovan Keliiaa



Mitch Poissonnet



Matthew Jee Yul Williams



Adrenia Olena Cadiz Robinson



Gerald "Jerry" Alan Massie



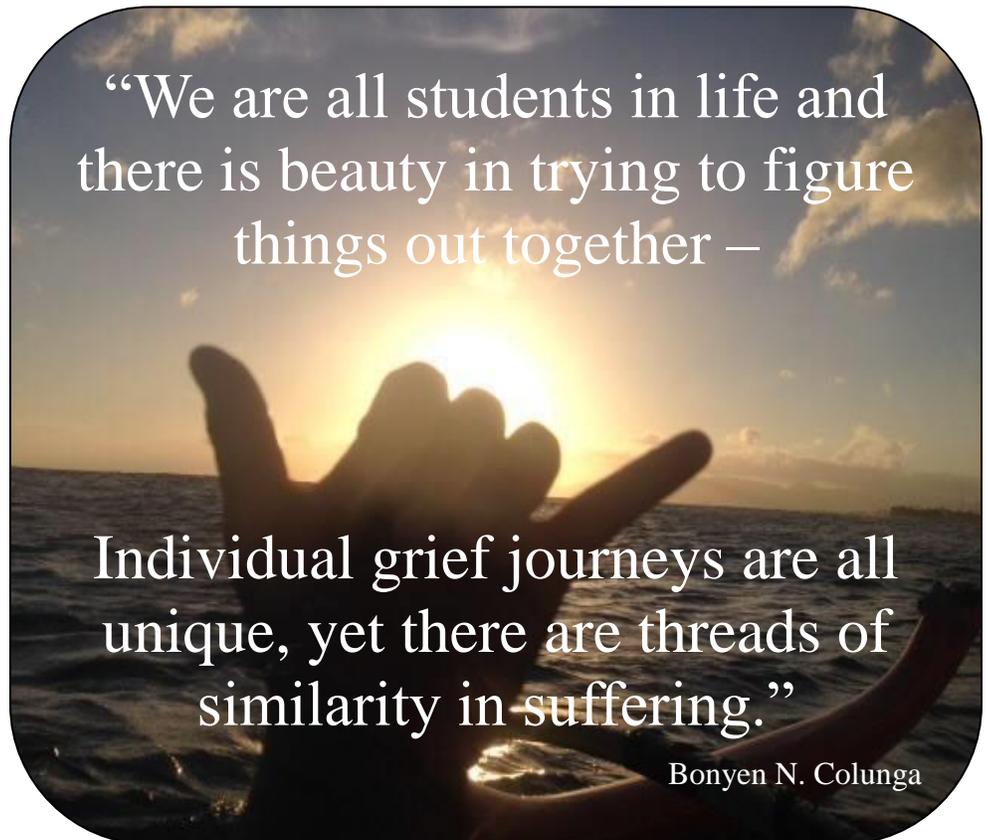
Gregory Gareth Gaines



Charles "Keoki" Malott



Nicole Siegrist



“We are all students in life and there is beauty in trying to figure things out together –

Individual grief journeys are all unique, yet there are threads of similarity in suffering.”

Bonyen N. Colunga

Voices of Parents, Grandparents, and Siblings

September 24 marked seven years since my son Dan passed away.
Please take a moment to remember him and the legacy he left behind.

His life was cut short but his work is still turning dreams into reality for millions he never had the honor to ever meet. And in that way, Dan has truly united us all with a single click.

We miss you Dan!

Read more at danjezek.com

Thank you

Eliska (Dan's Mom)

bricklink.com



*Sometimes you'll find
that the saddest songs
bring you the most
comfort. And the
memories that
make you cry
are the happiest
ones you'll
ever have.
~ author unknown*

Precious Child

In My Heart, You live on, Always there, Never Gone...

The Compassionate Friends
Worldwide Candle Lighting Video

Dave Pellegrin Forever Remembered



[Star Advertiser Article](#)

Yes

Dave will be missed by our family and many others. We first met Dave at Compassionate Friends in 1998. He was a shining light in our moment of despair. We along with many others became members of The Compassionate Friends. Mahalo to Dave for all of the support and love. He was a true giver in the sport of life.

Ann & Kevin

Pat

Tim & Dan Williams (in loving memory of Matthew Jee Yul)

I am sorry to hear of Dave Pellegrin's passing. I only met him once at a Compassionate Friends meeting, after talking with him a few times over the phone, him mostly listening as I mourned my recently departed sister. We both lost members of our immediate family, his son, my sister, in automobile related accidents.

If you get news of when his memorial service is, please let me know, I'd like to attend. Mahalo

Anthony Chang

Mysterious are ways of life.....

I met Dave Pellegrin many years ago when life was still happy and innocent.

I worked for his father and we shared mutual interests. His wife was from the same country I came from, called us proudly "Bohemian". (Bohemia is Latin name for Czech) and they knew my story how I left my country, came to HI to save my son's health.

It was time I first met Dave and was few times in his house for family gathering. He showed me the photo on piano... young player... his son George who passed away. I was deeply touched and did not know then that I will lose my child and this mutual tragedy will bring us together again.

After his father passed away we lost contact for many years until my only child Dan tragically died.

Dave called me, shared my sorrow, offered help and invited me to Compassionate Friends meeting.

I was crushed after losing my son, unable to attend for many months. But we were in contact.

Eventually I came to the meeting and spoke to Dave again. It was so much to share, so much happened since we met many years ago. Our sad journey, our lost children brought us together again.

I feel honored I knew Dave and his family. He shared our pain and tears for our lost children. He understood because he was one of us. After losing child our life never could be the same. Pain is deep in our heart, we struggle, trying to find the answer why their lives were cut short, looking for any sign from them and do our best to live with hope we will see them again. Dave was always here for us.

RIP Dave. We will miss you. Now you are united with your beloved George again in eternity of the universe.

Aloha and goodbye my friend

In loving memory of Dave Pellegrin and our children George and Daniel

Eliska Jezkova (Dan Jezek's mother)

I am saddened by Dave's passing. When I first attended TCF in 2013, Dave made it a point to seek me out and make me feel comfortable and welcomed into the group...for that I will always be grateful to him.

Marge (Dwayne's Mom)

Remembering Dave Pellegrin

The Compassionate Friends Honolulu Chapter is a legacy that Dave Pellegrin gave us by maintaining, supporting, and perpetuating the Honolulu Chapter through the 20+ years of dedicated service to bereaved families. I will always remember his big smile, personal greeting, and warm aloha at the candle lighting ceremonies, a welcome he gave my husband and I over the 18 years of our grief journey. He was a humble person, never sharing his accomplishments he achieved in his outstanding career and personal ventures, but his gentle guidance demonstrated the wealth of knowledge he possessed. Dave Pellegrin's presence will surely be missed. Our aloha goes out to his wife, Kathleen, and his family.

Terry Kaniaupio, Darryl's Mom

Dave Pellegrin Forever Remembered

I was shocked to hear of David's death. I always thought he would go on forever. I met David at Compassionate Friends, January 1993. I had lost my daughter, Alaina Marie Jenkins in November of 1992. David had lost his son in November 1991. Through the years I was the facilitator (full time for 4 years) and filled in when needed. I was a long-time member of the steering committee.

David was such a vital part of TCF (as you know). To start with, David made things happen. He was not only generous with his time with TCF but financially. Most people don't know how generous he was but I was treasurer for many years and saw the generosity first hand. He would deposit large amounts into our account. The money was basically to help various members go to TCF conventions. Each person who attended had all their expenses paid. It allowed me to attend many conventions, for which I will always be grateful. He provided for several couples to go for facilitator's training.

David made all the arrangements and paid for the Candle Lighting each year.

David was so wonderful as a person and proud of both his sons, unfortunately, he lost his one son at 18 years of age.

His younger son got a full football scholarship. When there was a game, David would fly over to the mainland most of the time to watch the game and his son.

I am saddened by this news. I am saddened for his wife also. She is a really neat lady. My thoughts are with her and his son.

One of these days maybe I will be able to attend TCF in Honolulu. I was a member there from 1993 thru 2013.

Sincerely,

Charlotte Boyd, Alaina Marie's Mom.

It is with great sorrow that I have read your email, can't help the tears....I was a long time resident of Hawaii and proud to call Oahu "Home", were my two children grew up and went to school.

In 2011 my beloved son Alex passed away at the age of 41 from a heart attack in Los Angeles.

Unable to come to term with his loss, I went back to Hawaii to mourn his physical absence and to try to find those wonderful by-gone days with of Alex's and our family then.

I learned about The Compassionate Friends, called the advertised telephone and David Pellegrin was on the other side of the line inviting me to attend a meeting, which I did soon after and met David in person. That was the beginning of my healing. David offered me a hand to save me from drowning! A friendship, and that of others in the group. David showed me much kindness, every meeting he wanted to know how I was doing with sincere warmth and concern. We all shared the same pain of losing a loving son/daughter, attending the meetings every month was like visiting my family and letting a small part of that huge pain go. All thanks to that first call to David...

I came back to the Mainland with an added great memory of my beloved Oahu and my new Ohana. I thank David before I left but did not keep in touch as I meant to do many times.

Now I have no doubt he is in the Loving company of George now and Our Loving Father in Heaven.

We are all very fortunate for having met David Pellegrin and for his very important part in the Honolulu Chapter of The Compassionate Friends.

Magaly Fraser (Maggie), Alex's Mom

I remember first meeting Dave at the registration line to the candle lighting ceremony back in 1999. He always remembered Terry's and my name. He also remembered Darryl, which was always a surprise, since at that time, I could never remember Dave's name. I don't even know how he got our names. He would always make sure we had a picture of Darryl to place on the photo table. He was always kind, pleasant and cordial. He was someone who I made it a point to know and remember, once I figured out who he was.

Dave was very humble. I found on the National TCF Facebook that Dave was a national board member who also received the Simon Stephen's award in 2009. I had this great idea to include a section in the newsletter to recognize Dave, since I never knew that and I was sure others would also like to know his accomplishments. I also thought since I was to have Dave in the newsletter, what if I asked him to be the guest speaker at our candle lighting ceremony. Well, Dave cordially declined both ideas and it never happened, just shows how humble he truly was. I will surely miss Dave at the registration line of the candle lighting ceremony. Our heart and LOVE goes out to his family.
David Kaniaupio, Darryl's Dad

Gifts of Love

Margaret Chun Jefferies

In Honor and Loving Memory of her loving daughter Angela Jefferies

Cleigh and Sharon Pang

In Honor and Loving Memory of their loving daughter Betteanne Momilani Aldrich Pang
Kaaa

Lisa Otsuka and Ashley Koyanagi

Mahalo for helping with the Memory Board and Banner in Orlando

Tami Cox and Raul Martinez

Mahalo for providing your home for our potluck get-together.



The Hawai'i Lodging and Tourism Association (HLTA) has presented The Compassionate Friends – Honolulu Chapter with a grant from funds raised in the 2017 Visitor Industry Charity Walk. This grant will help us continue our mission of supporting bereaved parents, grandparents, and siblings, so that no one needs to walk alone. Many thanks to HLTA, and to all of you who supported The Compassionate Friends in this year's Charity Walk!



Wishing everyone a Peace-filled holiday with warm and loving memories!
David (Darryl's Dad)

The Compassionate Friends Credo

We need not walk alone. We are The Compassionate Friends. We reach out to each other with love, with understanding, and with hope. The children we mourn have died at all ages and from many different causes, but our love for them unites us. Your pain becomes my pain, just as your hope becomes my hope.

We come together from all walks of life, from many different circumstances. We are a unique family because we represent many races, creeds, and relationships. We are young, and we are old. Some of us are far along in our grief, but others still feel a grief so fresh and so intensely painful that they feel helpless and see no hope.

Some of us have found our faith to be a source of strength, while some of us are struggling to find answers. Some of us are angry, filled with guilt or in deep depression, while others radiate an inner peace. But whatever pain we bring to this gathering of The Compassionate Friends, it is pain we will share, just as we share with each other our love for the children who have died.

We are all seeking and struggling to build a future for ourselves, but we are committed to building a future together. We reach out to each other in love to share the pain as well as the joy, share the anger as well as the peace, share the faith as well as the doubts, and help each other to grieve as well as to grow.

We need not walk alone. We are The Compassionate Friends. ©2016

The Mission of The Compassionate Friends

When a child dies, at any age, the family suffers intense pain and may feel hopeless and isolated. The Compassionate Friends provides highly personal comfort, hope, and support to every family experiencing the death of a son or a daughter, a brother or a sister, or a grandchild, and helps others better assist the grieving family.

The TCF Mission Statement

The Mission of The Compassionate Friends is to assist families toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive.

*****Please Consider Helping*****

I have found through my own experiences that helping others through their grief journey has strengthened my own journey. The memories of my son are positively reinforced as other bereaved parents share their stories and memories. We Need Not Walk Alone. That simple phrase resonates throughout my journey. There are other aspects to The Compassionate Friends that need help. If you have a talent – web design, writing, creativity, organizing, and greeters and would like to help others – please let us know.

