

TCF Hawaii Regional Grief Conference 2022 Program

“Grief is an Expression of Love for the one you Lost”

“Let’s Heal Together”

Thursday: March 17, 2022

3:00 pm to 7:00 pm

Early Registration

Location

TBD

Friday: March 18, 2022

6:45 to 8:00 am

Registration

Sign in for CEUs ~ Day 1

Garden Lanai

8:00 to 9:00 am

Opening Presentation

Welcome: Laura Trinkle

Oli-Hawaiian Blessing Hula – Halau Ka Hale I O Kahala
Kumu Hula Leimomi Maldonado (Aunty Lei)

MC ~ Alan Pedersen

Garden Lanai

9:10 to 10:25 am

1st Breakout Session

“Blooming Not Broken – How Post Traumatic Growth Shows up in Loss”

Paula Stephens

Garden Lanai

“Struggling to Reclaim my Faith”

Dennis Apple

Carnation Lanai

“How Do I Know I’m Getting Better”

Dr. Bob Baugher

Ilima Room

10:40 to 11:55 pm

2nd Breakout Session

“Healing Guilt and Regret”

Alan Pedersen

Garden Lanai

“Fitness and Grief: Taking Care of Yourself Mentally and Physically is the Key!”

Steve Parker

Carnation Room

“Help! I’m worried About my Surviving Teen or Young Adult Child.” (Parent and Sibling)

Dr. Heidi Horsley and Dr. Gloria Horsley

Ilima Room

11:55 to 1:45 pm

Lunch on your own

1:45 to 3:00 pm

Keynote Speaker

“Finding Meaning: The Sixth Stage of Grief”

David Kessler

Garden Lanai

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3:15 to 4:30 pm

3rd Breakout Session

Location

“Suggestions for Coping with Sudden Death”

Garden Lanai

Dr. Bob Baugher

“Grief Yoga Chair Class”

Carnation Room

Paul Denniston

“Healing Aspects of Music”

Ilima Room

Alan Pedersen

5:30 pm

Evening Session (Optional)

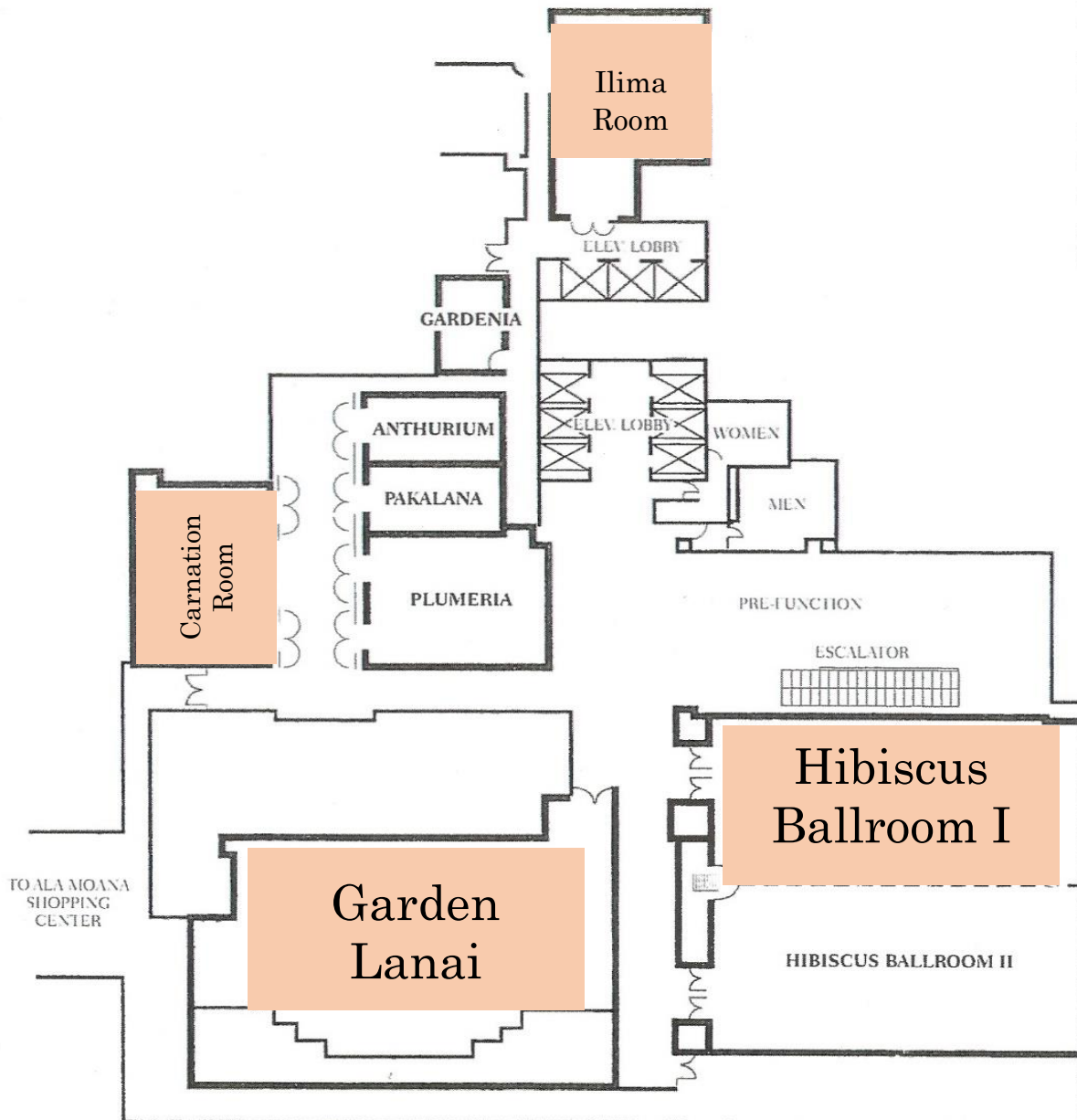
Yoga by the beach

Meet in Garden Lanai

Paula Stephens

Walk to Ala Moana

Beach Park



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Saturday: March 19, 2022

		Location
6:00 am	<i>TCF Fun Run/Walk</i>	Garden Lanai
7:30 to 8:00 am	<i>Registration ~ Professionals</i> Sign in for CEUs ~ Day 2	Garden Lanai
8:00 to 9:15 am	<u>4th Breakout Session</u> <i>“Ten Things You Can Do to Change your Life!”</i> Dr. Gloria and Dr. Heidi Horsley <i>“Resilience ~ The Key to Surviving Loss”</i> Barbara Hopkinson <i>“Dealing with Grief Bullies”</i> Dennis Apple	Garden Lanai Carnation Room Ilima Room
9:25 to 10:45 am	<u>5th Breakout Session</u> <i>“Grief Didn’t Come with a Training Plan--Here’s Yours!”</i> Paula Stephens <i>“Grief as a Second Language”</i> Stacy Parker <i>“Understanding Individual Differences in Grieving”</i> Dr. Bob Baugher	Garden Lanai Carnation Room Ilima Room
11:00 to 2:00 pm	<u>Luncheon: Keynote Speaker</u> <i>“How’s Your Mother?”</i> Jordon Ferber Candle Lighting and Music Alan Pederson	Hibiscus Room
2:00 to 3:30 pm	<u>Meet & Greet Informal Panel</u> Book Sales, CD sales, Autographs Questions & Answers Open to Hope Booth Description for Faces of Resilience Photo Shoot	Carnation Room Ilima Room

The above schedule is subject to change should any unforeseen circumstances make it necessary to alter the schedule. Contact Terry Kaniaupio – (808)222-2729 if you have any questions.